

June Tiffin Menu



Mon 1 June

Shahi tofu, onion pulao, mixed veg, salad

Wed 3 June

Jackfruit poppers, roasted carrot hummus, millet tabouleh, beet salad

Fri 5 June

Pindi chhole, methi parathas, baingan bharta, salad

Mon 8 June

Pad Thai with tofu

Wed 10 June

Kadala curry, rice, beans thoran, carrot and cabbage salad

Fri 12 June

Veggies & lentil in brown sauce, mashed potatoes, sprout salad, cookie

Mon 15 June

Tofu shakshuka, grilled veggies, poie, tahini salad

Wed 17 June

Onion tomato uttapams, sambar, beetroot chutney, payasam

Fri 19 June

Mex bowl – tomato rice, refried beans, corn & peppers, cashew cheese sauce, salad

Mon 22 June

black eyed peas stew, millet stir fry, roasted sweet potato, aubergine salad

Wed 24 June

Mixed veg biryani, lauki raita, tomato chutney, peanut salad

Fri 26 June

Old school Mac n cheese

Mon 29 June

Indonesian coconut curry, urap sayur, yellow rice, rendang chickpea fry